

## **SUMMARY**

### **MINOR RESEARCH PROJECT**

**- TITLE -**

#### **“THE PSYCHOLOGICAL PROBLEMS OF PREGNANT WOMEN WAITING FOR THE CESAREAN OPERATION”**

### **Introduction:**

The importance of women is increasing day by day. Every thought is being given to their well being. As a result psychologists and sociologists and even the medical world have begun to pay attention to various problems of women's lives. This includes normal as well as women with problems.

In this context, the present researcher has decided to study the women. She has taken the problems of the pregnant women as the topic of the research. The problems are dealing with the pregnancy. As we know not all pregnancies are normal. Some are of them Cesarean type. In this type of operation certain psychological problems occur in the women. The women waiting for the Cesarean Operation go through a disturbed mind. They experience the special kind of feelings, which affect their lives. Especially they experience psychological feelings like Anxiety, Fear, Frustration and Anger. In the present study the attempt is made to find out which feelings mostly captivate the minds of the pregnant women. Not only that the effort is being made to know which variables affect the mind of the pregnant women waiting for the Cesarean Operation.

## **Statement of The Problem :**

“THE PSYCHOLOGICAL PROBLEMS OF PREGNANT WOMEN WAITING FOR THE CESAREAN OPERATION”

## **Objectives of the Study:**

- (1) To find out the amount of feeling of Anxiety, Fear, Frustration and Anger.
- (2) To find out the effect of the variable of Age on these feelings.
- (3) To find out the effect of variable of the experience of the pregnant women.
- (4) To provide information to psychiatrists who are connected with the counseling of women.
- (5) To provide information to gynecologists who are connected with this kind of cesarean operation.
- (6) To give some suggestions to solve the problems of the pregnant women

## **The Producer :**

### **Research Design:**

In the present study, the presentation of the Personal Data Sheet and the specially prepared Questionnaire is made to the pregnant women. At the same time calculation is made with the help of independent and dependent variables in some statistical methods chie-square and F-test are used here

### **Variables:**

Following are the variables related with this study:

#### **Independent Variables:**

(1)Age -22 to 26,27 to 30, 31 to 36.

(2)Experience -First time Delivery, Second time and more than that .

#### **Dependent Variables:**

The scores related with feelings of Anxiety, Fear, Frustration and Anger and.

### **Controlled Variables:**

The same instructions are given to all types of the women. The same Questions are asked to all women.

### **Sample:**

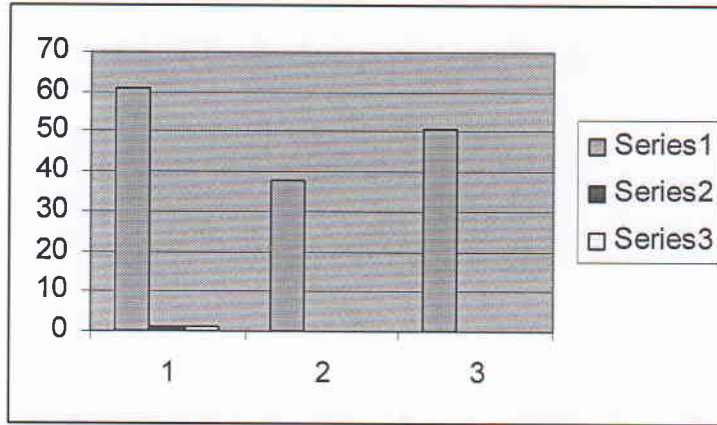
The sample was consisted of 150 pregnant women waiting for the Cesarean Operation. They were belonging to Jonahed city. They were selected randomly. If we classify them from different angles we obtain the following picture:

#### **Years of Pregnant Women:**

If we classify the women on the basis of their years, we get the following information.

**Years of the Pregnant Women**

<b>Years</b>	<b>Number</b>	<b>Percentage</b>
22 to 26	61	41 %
27 to 31	38	25 %
32 to 37	51	34 %
<b>Total</b>	<b>150</b>	<b>100 %</b>

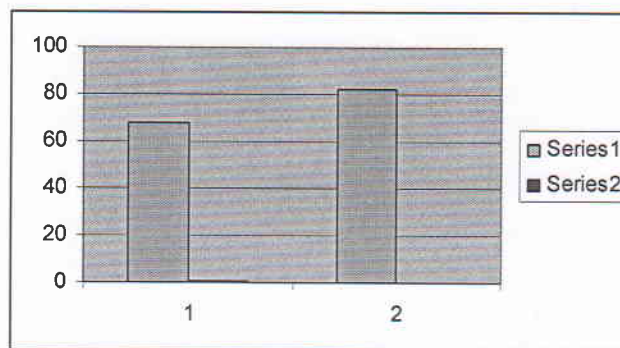


22 to 26    27 to 31    32 to 37

Similarly, if we take the numbers of experienced and Non-experienced women, they are 68 and 82 respectively.

### Number of Experienced and Non-Experienced Pregnant Women

Type	Number	Percentage
Experienced	68	45 %
Non - Experienced	82	55 %
<b>Total</b>	<b>150</b>	<b>100 %</b>



Experienced    Non-Experienced

## **Tools:**

For collecting the data two types of tools were used:

**(1) Personal Data Sheet (PDS)**

**(2) Questionnaire for Psychological Problems (QPP)**

The main topic of the research was to know the psychological problems of the women waiting for the Cesarean Operation. So, keeping their point in view, it was decided to prepare a special questionnaire. Thus firstly the questions regarding the problems were collected. A four factor questionnaire was prepared. The factors were The feeling Anxiety, The Feeling of Fear, The feeling of Frustration and The feeling of Anger. Four to five questions pertaining to each feeling was included in the questionnaire.

## **Data Collection :**

The interview technique is used. Every Pregnant women of the sample is interviewed individually and questionnaire is also presented. In the beginning the aim of the research is explained and the instructions were given clearly. Four options are given against each statement. The option she selected is noted down. Thus the whole questionnaire is completed.

## **Analysis of the data:**

To analyze the data some statistical techniques are used. The scores of the pregnant women firstly are classified into groups of age and experience. Then required technique is employed. Mainly techniques of Mean, Chi - square and F-Test is utilized.

## **Overall Conclusions :**

The pregnant women waiting for the Cesarean Operation suffer from various feelings like Anxiety, Fear, Frustration and Anger. The most experienced feeling is that of Anxiety.

### **Conclusions as per Hypotheses :**

1.  $H_{01}$  There is no significant mean difference between groups of women having different problems of the psychological feelings are accepted.

**Conclusion Ho1:** is rejected. There is significant difference between groups of the problems of the psychological feelings of the pregnant women.

2.  $H_{02}$  There is no significant mean difference regarding age groups and experience groups in relation with the problem of Anxiety of related respondent women.

**Conclusion Ho2:** The Calculated F value 20.62 & 4.08 So  $H_{02}$  is rejected. There is significant interaction between related respondent women with respect to their problem of Anxiety.

3.  $H_{03}$  There is no significant mean difference regarding age groups and experience groups in relation with the problem of Fear of related respondent women.

**Conclusion Ho3:** The Calculated F value 6.83 & 5.25 So **Ho3** is rejected. There is significant interaction between related respondent women with respect to their problem of Fear.

**4. Ho<sub>4</sub>** There is no significant mean difference regarding age and experience groups in relation with the problem of Frustration of related respondent women.

**Conclusion Ho4:** The Calculated F value 5.24 & 4.83 So **Ho4** is rejected. There is significant interaction between related respondent women with respect to their problem of Frustration.

**5. Ho<sub>5</sub>** There is no significant mean difference regarding age and experience groups in relation with the problem of Anger of related respondent women.

**Conclusion Ho5:** The Calculated F value 8.38 & 11.66 So **Ho5:** is rejected. There is significant interaction between related respondent women with respect to their problem of Anger.

### **Suggestions for Further Study :**

Because of the shortage of time and resources, full justice is not done to the present study. But to make the study as satisfactory as possible, one can keep certain points in the mind. Some suggestions are as follows:



(1) A large sample can be taken. In the present study only 150 pregnant women is taken. More women say, 400 or 500 should be taken.. Larger the sample, more accurate results could be obtained.

(2) More variables should be selected for example kinds of the family, area of the families , status of the family of the pregnant women should be taken into account i.e. whether the women is coming from the Joint family or the separate family should be considered.

(3) Similarly, the status of the women should be also considered. Whether the woman is a house wife or the working women could be taken as a variable.

(4) The status of the society should be taken into consideration. i.e. whether the pregnant women come from the Higher, Middle or the Lower Class should be considered.

These are some of the suggestions for the researcher of the future. These suggestions will make his study more accurate and refined. By carrying out these suggestions, more useful conclusions could be drawn.



Investigator Sign

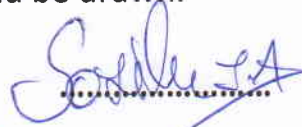
**(Asso.Prof. Dr.Ramilaben M. Pansara )**

Department Of Psychology

Shree Mahila Arts and Comm College,

Joshipura, Junagadh – Gujarat.

India -362002



Principal

**( Dr. J. A. Sojitra)**

PRINCIPAL

Shree Mahila Arts and Comm. College  
Joshipura - Junagadh - 362002

Shree Mahila Arts and Comm College,

Joshipura, Junagadh – Gujarat.

India-362002